

The State of Maryland



Proclamation

From the Governor of the State of Maryland

MEN'S HEALTH MONTH JUNE 2026

- WHEREAS,** *Each June, communities across the country recognize Men's Health Month to raise awareness of the importance of preventive health screenings, early detection, health-seeking behaviors, and healthy lifestyles for men and boys; and*
- WHEREAS,** *Nationwide and in the State of Maryland, men have a life expectancy that is approximately six years shorter than that of women and experience higher rates of chronic disease, including diabetes, cancer, heart disease, and premature mortality; and*
- WHEREAS,** *The growing epidemic of "deaths of despair," including deaths related to suicide, tobacco use, substance use disorders, alcohol misuse, and homelessness, underscores the urgent need to address undiagnosed and untreated depression, mental stress, and emotional distress among men and boys; and*
- WHEREAS,** *The Moore-Miller Administration continues to be a leader in the work to direct greater focus on supporting men and boys through the Young Men and Boys Initiative, an all-of-government approach housed within the Governor's Office for Children, that works to ensure Maryland's young men and boys are mentally and physically healthy, prepared to compete in a dynamic economy, and engaged in their families and local communities; and*
- WHEREAS,** *The Moore-Miller Administration has advanced mental health among young men and boys on multiple fronts, partnering with the Child Mind Institute and the Boys and Girls Club to release the Maryland Youth Digital Wellness Playbook, which equips young people, parents, and educators to navigate the digital environment in a way that protects their mental health, and signing legislation to expand and sustain Maryland's 988 crisis line with stable funding to improve technology, hire more staff, and reduce wait times, including targeted advertising in spaces more likely to reach men, such as sporting events; and*
- WHEREAS,** *During Men's Health Month, Men's Health Week, observed annually during the week leading up to and including Father's Day, and year-round, the State of Maryland reaffirms its commitment to acknowledging the unique health needs facing men and boys and continuing the work to build a state that leaves no one behind.*

NOW, THEREFORE, I, WES MOORE, GOVERNOR OF THE STATE OF MARYLAND, do hereby proclaim JUNE 2026 as MEN'S HEALTH MONTH in Maryland, and do commend this observation to all of our citizens.



*Given Under My Hand and the Great Seal of the State of Maryland,
this 1st day of June
Two Thousand and twenty-six*

Wes Moore
Governor

Oruna Miller

Susan C. Lee
Lt. Governor

Secretary of State