The Path Forward for Mental Health & Substance Use | 2020 Milliman Report

Commission to Study Mental and Behavioral Health in Maryland

October 6, 2020
RESET Regions and Coalitions

**California** – Pacific Business Group on Health and Silicon Valley Employers Forum

**Florida** – Florida Alliance for Healthcare Value

**Kansas** – Kansas Business Group on Health

**Maryland, DC and Northern VA** – MidAtlantic Business Group on Health

**Minnesota** – Minnesota Health Action Group

**NYC metro area including northern NJ and southern CT** – Northeast Business Group on Health

**Tennessee** – Memphis Business Group on Health and HealthCare 21 Business Coalition

**Texas** – DFW Business Group on Health and Houston Business Coalition on Health

Headquarters: D.C. based team leading more than 30 employer/union coalitions across the country

Member employers and unions sponsor over [45] million Americans

The 11 coalitions in “RESET regions” represent over 30 million Americans
A Milliman High-cost Study commissioned by The Path Forward of 21 million lives nationally, published in August 2020 shows:

- Of the total population, the most expensive 10% of patients accounted for 70% of annual total healthcare costs;
- A majority of the top 10% (57%) - 5.7% of the total population - had both behavioral and physical health conditions - and accounted for 44% of the annual total healthcare costs of the total population; and
- 50% of this 5.7% (high-cost behavioral patients) had less than $95 per year of total spending for behavioral health (BH) treatment.

The PATH FORWARD Five-Year Plan

Network Access
- National Technical Resource Team
  - Education to National Stakeholders (Consultants, Industry Groups)
  - Advise and Support Coalitions
  - Website/Tools/Speakers Bureau

Measurement-based Care
- Eight RESET Regions Multi-Stakeholder Change Initiative
  - Establish Regional Baseline
  - Foster Stakeholder Plan
  - Project Management/Problem Resolution

Collaborative Care

MH Parity Compliance
- 30 Non-RESET Coalitions Purchaser Engagement Initiative
  - Educate consultants/employers
  - Enlist Purchaser “Sign-On” to Initiative
  - Execute 10 Universal Action Steps

Tele-behavioral Health

NATIONAL STEERING COMMITTEE
- National Alliance of Healthcare Purchaser Coalitions
- HR Policy Association and American Health Policy Institute
- American Psychiatric Association
- APA Center for Workplace Mental Health
- Bowman Family Foundation
- Meadows Mental Health Policy Institute

BEHAVIORAL HEALTH SUPPLY CHAIN
- Benefits Consultants
- Employers/Plan Sponsors
- Health Plans/TPAs
- PBMs
- Health Systems
  - Primary Care
  - BH Specialists

RESET
- Regional
- Employer
- Stakeholder
- Engagement
- Team
HR Policy Association and American Health Policy Institute

HR Policy Association is the lead public policy organization of chief human resource officers representing the largest Fortune 500 employers (over 375 members) doing business in the United States and globally.

The Association brings these executives together not simply to discuss how human resource practices and policies should be improved, but also to create a vision for successful HR strategies and pursue initiatives that promote job growth, employment security and competitiveness.
Leading Business Groups and Behavioral Health Organizations Supporting The Path Forward’s Priorities & Recommendations

**Leading Business Groups**

- HR Policy Association and The American Health Policy Institute
- National Alliance of Healthcare Purchaser Coalitions
- Dallas-Fort Worth Business Group on Health
- Florida Alliance for Healthcare Value
- Houston Business Coalition on Health
- Kansas Business Group on Health
- MidAtlantic Business Group on Health
- Minnesota Health Action Group
- Pacific Business Group on Health

**Behavioral Health Organizations**

- American Psychiatric Association
- American Psychiatric Association Foundation Center for Workplace Mental Health
- American Psychological Association
- Baylor Scott & White Health
- The Bowman Family Foundation
- Columbia University Department of Psychiatry
- The Kennedy Forum
- Massachusetts General Hospital Department of Psychiatry
- Meadows Mental Health Policy Institute
- Mental Health Association of Maryland
- National Action Alliance for Suicide Prevention
- National Alliance on Mental Illness
- National Association for Behavioral Healthcare
- National Association of Addiction Treatment Providers
- National Council for Behavioral Health
- One Mind and One Mind at Work
- Shatterproof