

Commission to Study Mental and Behavioral Health in Maryland

March 19, 2019
Governor's Reception Room

MARYLAND DEPARTMENT OF HEALTH

Behavioral Health Administration Overview

Robert R. Neall, Secretary

Barbara J. Bazron, Ph. D.
Deputy Secretary, Behavioral Health Administration

March 19, 2018

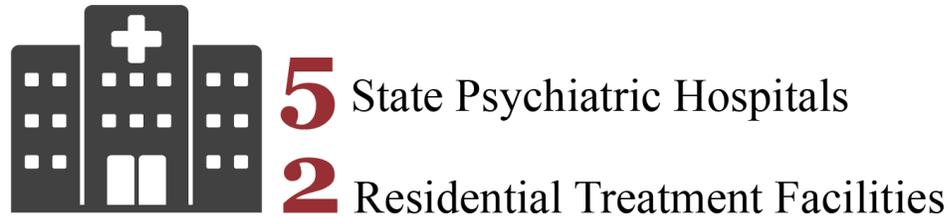


MARYLAND
Department of Health

BHA FY19 Overview

July 2018

Operates



Manages a

\$691 million



\$1.4 billion Medicaid

Forensics

Mental Health Disorders **Adolescents**

Population-Based Health

Children **Substance Use Disorders**

Adults **Clinical**

Populations served: Medicaid beneficiaries and uninsured individuals with behavioral health disorders who meet medical necessity.

Composed of **3,066** employees



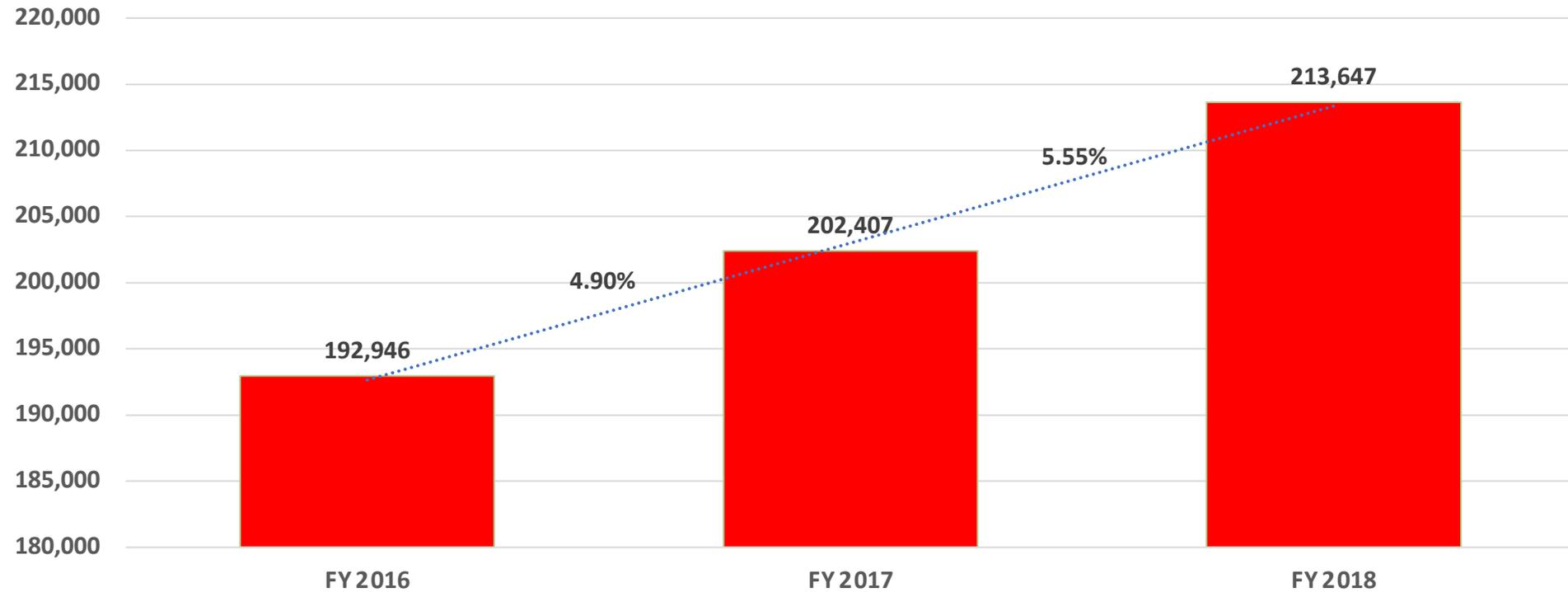
FY'19 legislative appropriation; excluding boards, commissions, and local health departments.

BHA Core Functions

1. Develop/manage the state system of care
2. Licensure and accreditation
3. Provider network development
4. Training and technical assistance
5. Program/service innovations
6. Evaluation and monitoring
7. Funding of Core Service Agencies (CSAs), Local Addiction Authorities (LAAs) and Local Behavioral Health Authorities (LBHAs)
8. Operate psychiatric hospitals and Regional Institutes for Children and Adolescents

Behavioral Health Administration Overview

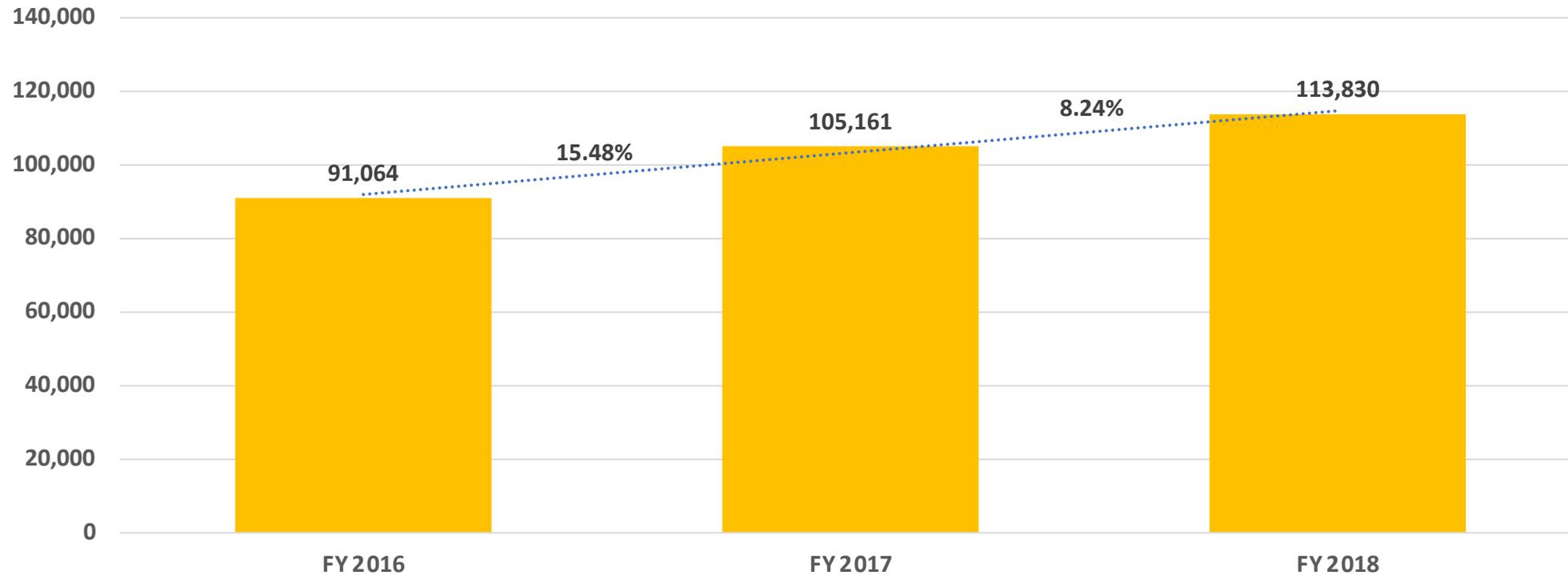
Number of Individuals Receiving Mental Health Services by Fiscal Year



Note: 1. Based on claims paid through November 30, 2018
2. FY 2018 is incomplete as providers have 12 months from service date to submit claims for payment.

Behavioral Health Administration Overview

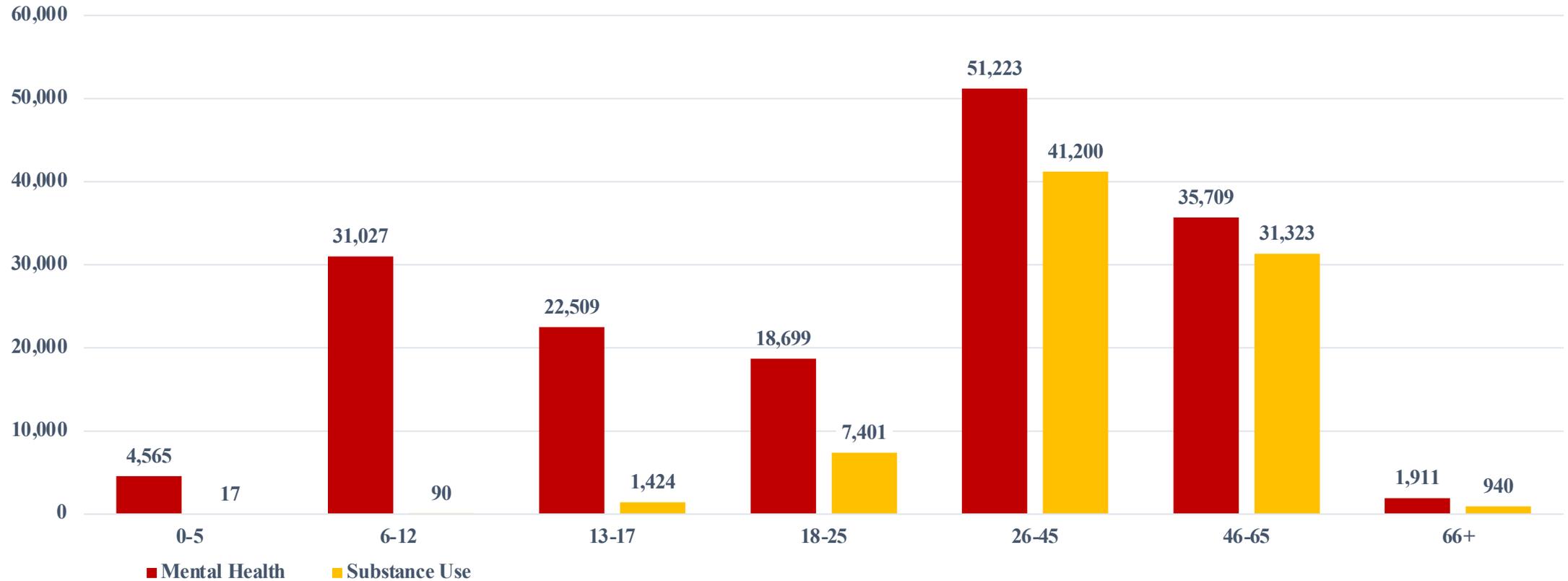
Number of Individuals Receiving Substance Use Services by Fiscal Year



- Note:**
1. Based on claims paid through November 30, 2018
 2. FY 2018 is incomplete as providers have 12 months from service date to submit claims for payment.
 3. In FY 2017, SUD ambulatory services for the uninsured was transitioned from being grant funded to fee for service.
 4. In FY 2018, SUD residential services was transitioned from being grant funded to fee for service.

Behavioral Health Administration Overview

Number of Individuals Receiving Behavioral Health Services By Age Group in Fiscal Year 2019



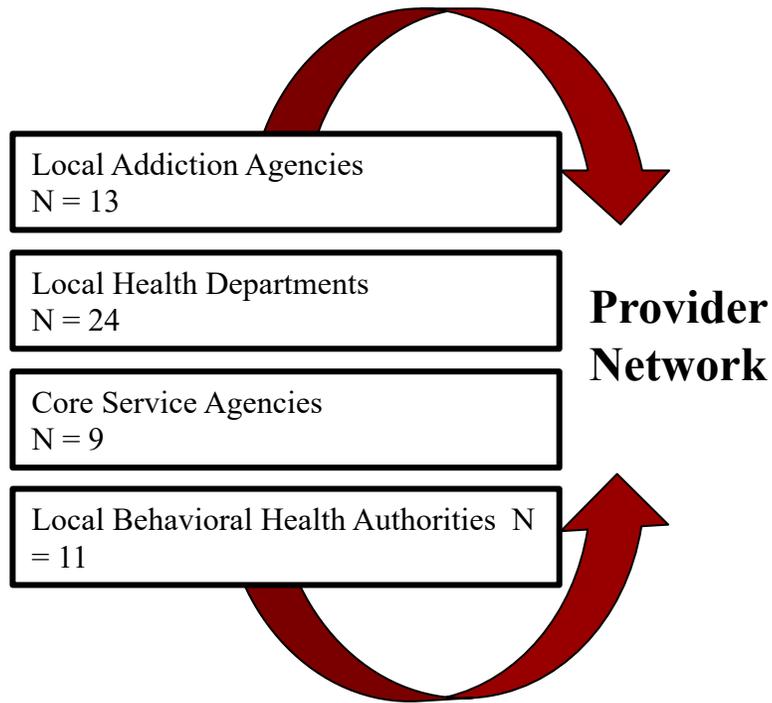
Note: 1. Based on claims paid through December 31, 2018
2. FY 2019 data is incomplete

Age Groups

Service Delivery System

Outpatient Service System

- 24 jurisdictions



Inpatient Service System

- Five State Psychiatric Hospitals (adult)
- Two State Residential Treatment Center (children/adolescents)
- 47 General Acute Care Hospitals
- Two Psychiatric Institutes for Mental Disease (IMDs):
 - Brooklane
 - Sheppard Pratt

Treatment and Recovery

Mental Health

- Inpatient Services
- Health Services
- Targeted Case Management
- Psychiatric Rehabilitation Services
- Residential Rehabilitation Services
- Residential Treatment Services (RTC)
- Mobile Treatment
- Assertive Community Treatment
- Traumatic Brain Injury
- Respite Services
- Supported Employment
- Crisis Services
- Permanent Supported Housing
- Data Link
- Wellness and Recovery Centers

Substance Use Disorders

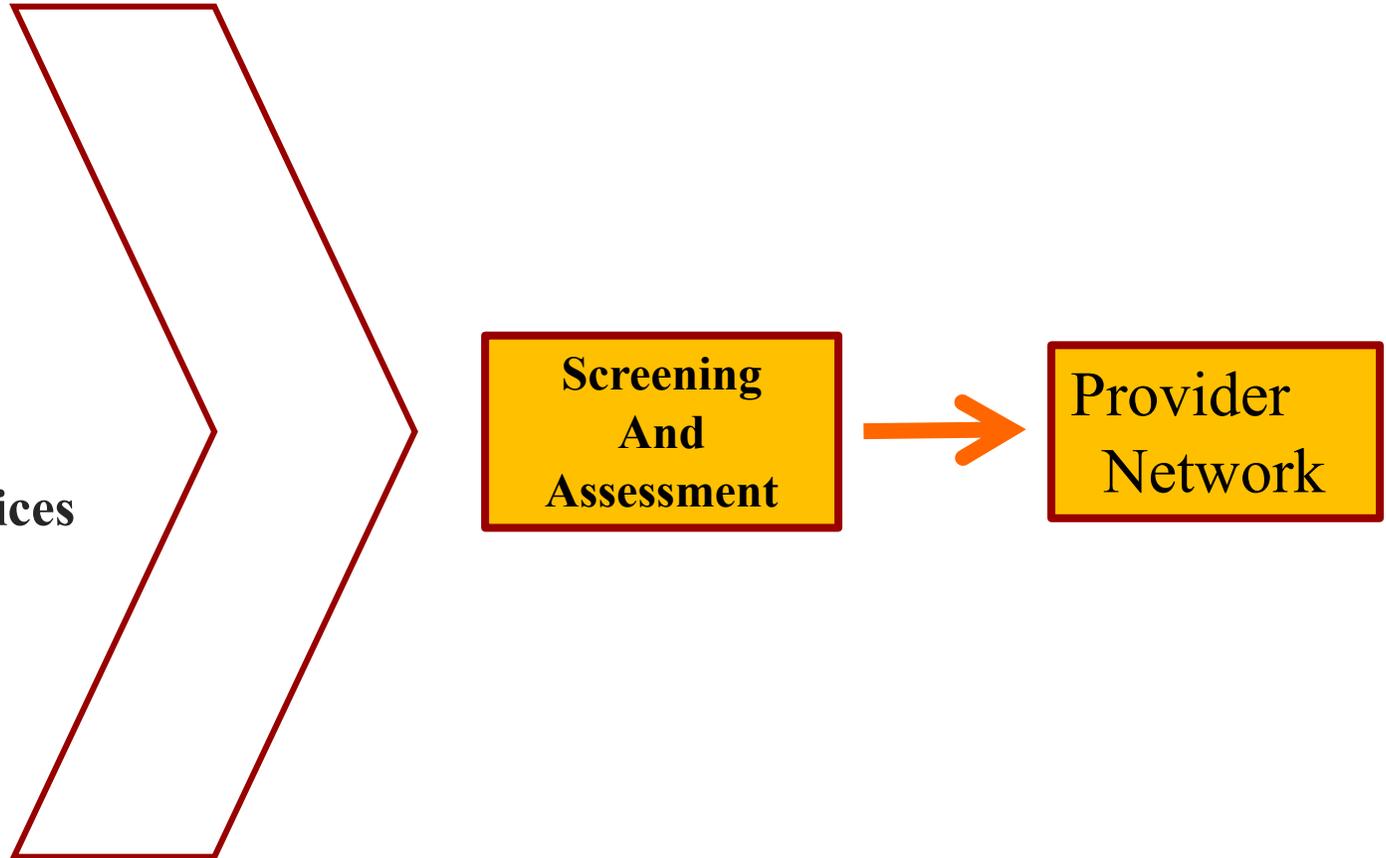
- Recovery Housing
- Recovery Community Centers
- Residential Treatment Facilities
- Withdrawal Management
- Medication Assisted Treatment
- Adolescent Clubhouses

Mental Health and Substance Use Disorders

- Individual Practitioners
- Outpatient Services
- Intensive Outpatient Services
- Partial Hospitalization
- Lab Services (behavioral health-related disorders)
- Health Homes
- Care Coordination

Accessing Services

- Contact any of the following:
- **Beacon Health Options**
 - **1 (800) 888-1965**
- **LHDs/CSAs/LAAs**
 - **(Call or Walk-in)**
- **Maryland Crisis Hotline/Crisis Services**
 - **211 #1**
- **Private Insurance Companies**
 - **(Call for Authorization)**



Access to Crisis Services



Maryland Crisis
Hotline



Mobile Crisis Teams
Crisis Intervention
Teams



Walk-In
Centers/Safe
Stations



Crisis Stabilization
Center



Short Term Crisis
Beds
Residential Crisis
Beds



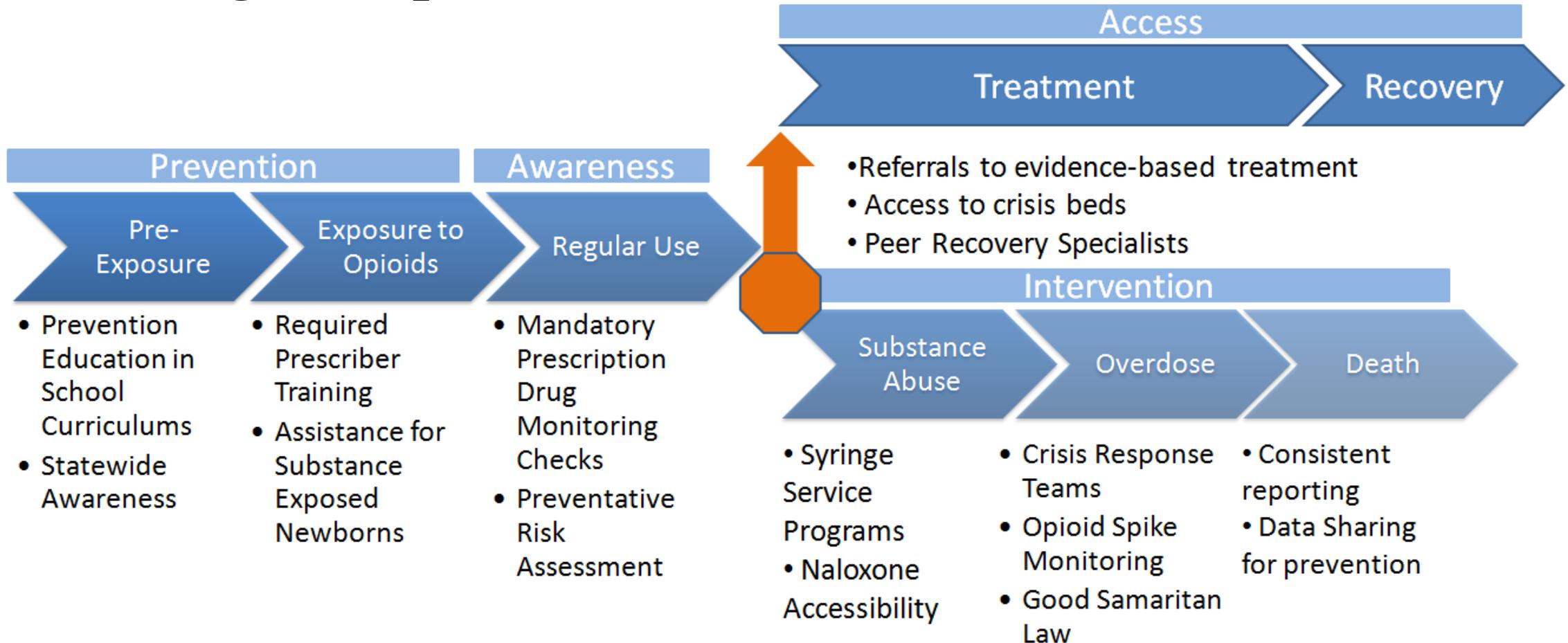
Care Coordination
Peer Recovery
Support

Increasing Access: Telehealth Programs

- **Behavioral Health Integration in Pediatric Primary Care** provides consultation to children with mental health issues and their families.
- **Tele-health Program at Finan Center:** In-patient psychiatric care provided by University of MD psychiatrist.
- **Mobile Van** offers buprenorphine prescribing via tele-medicine.
- **Maryland Addictions Consultation Service (MACS)** provides consultation to physicians and other prescribers about buprenorphine induction and maintenance.



Addressing the Opioid Crisis



State Psychiatric Hospitals

Provides in-patient psychiatric services in five (5) State hospitals and the two adolescent centers (RICA Baltimore and RICA Rockville).

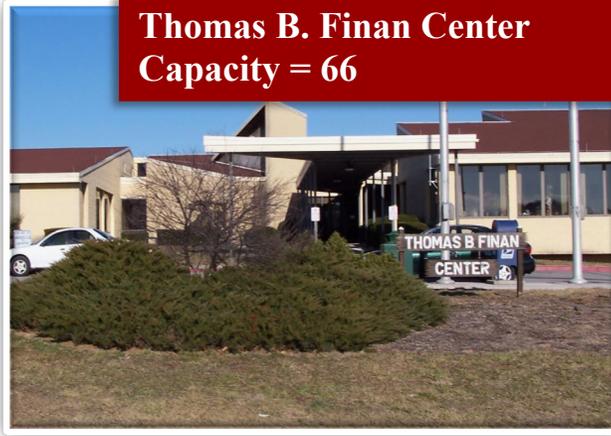
Clifton T. Perkins Hospital Center
Capacity = 288



Springfield Hospital Center
Capacity = 220



Thomas B. Finan Center
Capacity = 66



Eastern Shore Hospital Center
Capacity = 80



Spring Grove Hospital Center
Capacity = 347



Forensics: Court-Ordered Placement

Centralized Admissions Office Mission

The Maryland Department of Health has created a centralized Admissions Office that will process court orders that commit patients to MDH for evaluation or treatment services for substance-use disorders or mental health issues.

The Centralized Admissions Office will serve as a single-point of contact for submitting all court orders to MDH and making any inquiries on such orders. Send all court orders by email or fax.

CONTACT INFORMATION

Centralized Admissions Office Main Number: (410) 402-8422

Email: mdh.admissions@maryland.gov

Fax: (443) 682-1035

Questions

Bevin Merles, Psy.D.
Director, Central Admissions Office
Cell: (443) 840-7093

- Centralized MDH forensic services
- Decreased wait time for hospital placement.
8 days for Title 3 and 10 days for 8-507 SUD placements
- Increased bed capacity by 95 beds
- Established Forensic Services Provider Network for residential care
- Developed Discharge Planning Unit
- Established the Segue Program to facilitate community re-entry

Children and Adolescent Services

- **Early Childhood Mental Health Initiative** provides mental health consultation to early childhood education, day care and Head Start Programs.
- **Targeted Case Management** services provide wrap-around support and case management services for children and families
- **Intensive Community-Based Services** provides targeted case management, respite and psychiatric rehabilitation services through a 1915i waiver from CMS
- The Behavioral Health Administration works with schools and communities in developing **Community-Partnered School Behavioral Health (CP-SBH) programs** in 20 of the 24 jurisdictions to provide mental health services while children/adolescents are in school
- **Mobile crisis services** in Ann Arundel County, Baltimore City and Montgomery County
- **Family Peer Partners** (N=38) provide support to families
- **Psychiatric Rehabilitation Programs** that provide in-home support and after school services to youth with serious emotional disturbances

Young Adult Initiatives

- **First Episode Psychosis Program** provides early intervention and prevention for youth at-risk of serious mental illness (UM, Hopkins, Psychiatric Research Center on the Spring Grove Campus and Pathways in Montgomery County).
- **Provide funding to DJS** to support SUD services provided in juvenile detention
- **Student Assistance Programs (SAP)** provide SUD prevention and education in schools
- **Supported Education and Employment** provides job readiness
- **Adolescent Community Reinforcement Approach** provides co-occurring mental health and substance use treatment
- **Club Houses** which are drop-in community support programs (N-8)



Accessing Behavioral Health Services



- <https://www.mdcrisisconnect.org/>
 - Click the button for mental health services or substance use services.
 - The **SUD button** takes you to the **BeforeItsTooLate** website <http://beforeitstoolate.maryland.gov/> where you can click on the button "For Family and Love Ones" or "For Yourself".
 - Go to Find Treatment search engine, which links you to the **SAMHSA Treatment Locator**. If you enter your zip code or address a list of specific treatment programs, by type appear.
 - The MH button takes you to a list of services such as crisis counseling, grief counseling.
- **211-Press 1.** Individuals can also be connected to services by calling the line, using the chat or text features. *This database resides on the "211" platform.* <https://211md.org/>
- <http://maryland.networkofcare.org> This site has a treatment locator for MH, SUD and Veterans' services.
- **Beacon: Administrative Service Organization:** A toll-free number for assistance or to answer questions 24 hours a day, 7 days a week. **Call 1-800-888-1965.**